

# **Bedfordshire Walking Festival 2021**



**11th to 19th September inclusive**

**[www.bedswalkfest.co.uk](http://www.bedswalkfest.co.uk)**

***Programme***

Organised by



**ramblers**  
at the heart of walking



# Acknowledgements and Thanks

The 2021 Bedfordshire Walking Festival has been made possible by funding and support from countryside partners across the county. In particular the following organisations.

Bedford Borough Council,  
Bedford Rambling Club,  
Beds Rural Communities Charity.  
Central Bedfordshire Council's Active Lifestyle  
& Countryside team,  
Greensand Trust,  
Sandy Town Council  
Greensand Country Landscape Partnership,  
Long Distance Walkers Association

Luton Borough Council Active Travel Team,  
The Forest of Marston Vale,  
Walking for Health  
Rambler groups:- Ivel Valley, Lea & Icknield  
(Luton), Leighton Buzzard, North Beds.  
The following individuals  
Nick Markham for the Website  
David Sedgeley Flitwick Moor



**BEDFORD**  
BOROUGH COUNCIL



Central  
Bedfordshire  
Council  
Working in partnership



**Luton**



Greensand  
Country



## Central Bedfordshire Council's Active Lifestyles

### Central Bedfordshire Council's Active Lifestyles team

Whether you are completely new to sport or physical activity or would like to do a little more each day, Central Bedfordshire Council's Active Lifestyles team can help.

As part of our leisure services, our active lifestyles team is dedicated to

the development and delivery of physical activity and wellness programme, ensuring the whole community has the opportunity to lead an active, healthy and happier life.

We work in partnership to deliver programmes on health promotion, physical activity and general well being. We also deliver strategies for recreation and open space, sports facilities and playing pitches.

Active Lifestyles also offers a referrals scheme which provides you with motivation, advice and support to help you improve your current health and wellbeing and encourage you to make healthier lifestyle changes. Visit your GP to see if you can

referred to the Active Lifestyle Referral Scheme.

For more information please contact the Active Lifestyle Team:

Email: [active.lifestyles@centralbedfordshire.gov.uk](mailto:active.lifestyles@centralbedfordshire.gov.uk) Website: [www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)

<https://www.facebook.com/GetActiveWith/>

## Central Bedfordshire Council's Countryside Sites

Central Bedfordshire Council's Countryside Team has over 1000 hectares of countryside open space for public access and wildlife. Some of our sites are managed in partnership with the National Trust, Greensand Trust and the Wildlife Trust; the remainder are managed by our in-house Countryside Sites Team. Sites vary from the large, with visitor centres and lots going on i.e.; Dunstable Downs, Houghton Hall Park and Rushmere Country Park, to the quieter sites such as Etonbury Wood, Flitwick Wood, Campton Plantation and Baulk Wood. On most of our sites you can visit to walk your dog, go for a walk or a run, take the family for a day out, kick a ball around or simply get away from it all and enjoy the peace and quiet of nature and wildlife.

Why not try volunteering as a way of getting outside in the fresh air, making new friends and improving your physical and mental health? Many of our sites have 'Friends' groups who help us manage and improve our sites and act as our 'eyes and ears' on the ground. You can do as much or as little as you like, and a range of jobs and skills are always needed.

To find out more please contact the Countryside Sites Team:

Email: [countrysidesites@centralbedfordshire.gov.uk](mailto:countrysidesites@centralbedfordshire.gov.uk) or telephone 0300 300 6135

Website: [www.centralbedfordshire.gov.uk/leisure/countryside/countryside-sites/overview.aspx](http://www.centralbedfordshire.gov.uk/leisure/countryside/countryside-sites/overview.aspx)

We welcome everyone to come and visit our sites and some of our sites have easy access walks for disabled people, please see here for more information: [www.centralbedfordshire.gov.uk/leisure/countryside/countryside-sites/impaired-mobility/overview.aspx](http://www.centralbedfordshire.gov.uk/leisure/countryside/countryside-sites/impaired-mobility/overview.aspx). <https://www.facebook.com/CBCountryside>



## Bedford Borough

Recent events have shown how important it is to keep healthy and active. Walking and cycling are great ways to do this and can also help reduce congestion around Bedford. Bedford Borough Council's Sustainable Transport Team are working with schools and businesses in Bedford to promote active travel and enable people to walk and cycle. We have adult cycle lessons for complete beginners or to help improve confidence on the roads; family sessions are also available. For more information please contact [sustainable.transport@bedford.gov.uk](mailto:sustainable.transport@bedford.gov.uk)



There are many opportunities to walk in Luton with a network of footpaths, beautiful parks, public rights of way and nearby countryside. There are opportunities to join led walks with the Lea & Icknield (Luton) group or join a health walking group. Active travel encourages walking and cycling to work, to the station and to town. Plus encouraging Schools and Children to walk and cycle to school. For more information [www.luton.gov.uk](http://www.luton.gov.uk)

Active Luton is about much more than just sport. Our wide-ranging and far-reaching work as Luton's leading sport and leisure trust strives continually to improve the lives of Luton's residents whatever their age, ability, way of life or culture. We develop and promote affordable, accessible and inclusive opportunities in Luton to play sport, join a gym or swimming pool and take part in fitness and physical activity, improve health and general wellbeing and enhance careers.

**Our work can be divided into three main areas. Leisure Centres, Gyms and Swimming Pools in Luton.**

We run Luton's leading leisure centres with fully equipped gyms, swimming pools and a wide range of fitness classes. These are [Inspire: Luton Sports Village](#), [Lewsey Sports Park and Swimming Pool](#), [Lea Manor Recreation Centre](#) (and swimming pool), [Hightown Community Sports and Arts Centre](#), [Stockwood Park Athletics Centre](#), [Stockwood Park Golf Centre](#) and [Dell Farm Outdoor Centre](#).

**Fitness, Health and Wellbeing.** We run programmes to encourage, motivate and help people from all backgrounds, ages and abilities to benefit from fitness and physical activity to improve their health and wellbeing. We work with medical professionals and health organisations to deliver personalised programmes for people with specific medical conditions.

**Education, Training and Development.** We deliver high-quality training and development to further not only the careers of our own staff, but also those of teachers in Luton and the wider business community. Active Luton Health & Wellbeing team offers specialist services for people with long-term health conditions & our Active Education team work with local schools to ensure that PE provision in Luton is high quality. Our Active Training & Development team are leading training providers; offering apprenticeships, vocational training, first aid courses & work-based training. [www.activeluton.co.uk](http://www.activeluton.co.uk)



## Walks for Health

Walks for Health co-ordinated by Beds Rural Communities Charity  
There are 40 different walk programmes under the scheme most weekly  
some fortnightly mostly circular with timings from 10 minutes to 90 minutes.

For more information contact Mike Fayers at BRCC 01234 832619 or email [Mikef@brcc.org.uk](mailto:Mikef@brcc.org.uk).



# Welcome.....

## to the 2021 Annual Bedfordshire Walking Festival

*What a strange year 2021 is turning out to be, a very wet winter followed by the hottest and driest spring. On top of that we have had the coronavirus pandemic still looming over us. In fact as we are putting together this year's programme of walks we do not know what Government regulations and Rambler guidelines we will have to abide by.*

*In 2018 Bedfordshire was voted one of the most boring counties to visit in the country, but don't let that fool you, as its residents know it has a number of surprises to offer.*

*True it may not be a Cotswolds, nor the South Downs but Bedfordshire is a compact county with three distinctive types of walking. Chalk hills in the south, the picturesque wooded undulating area in the middle referred to as the Greensand Country and a mixture of woodland and the open space in the undulating "Wolds" of the north.*

*Located in England's driest region, this attractive county is a great place to explore on foot and so easy to get to by road, rail, air and water as many have already found. Combine with a great range of walks, led by knowledgeable and friendly leaders, it becomes easy to see how the festival has grown and grown.*

*This year is our 11<sup>th</sup> year of welcoming our fellow walkers to Bedfordshire, and whilst things may be a bit different from past years the one thing we can guarantee is nine days of wonderful walking in our surprising little county.*

*The walks and events in the programme are colour coded enabling you to easily select the type of walks which appeal to you most.*

*Whether you are a regular visitor, coming for the first time, doing one walk or staying for longer we look forward to giving you a warm welcome.*

**Nick Markham** *Chairman Ramblers Bedfordshire Area*

### **PLEASE NOTE**

*Due to the current situation and the need to comply with Government guidelines an advanced booking is required for most walks. Where no booking is required contact details will be taken on the day. For the latest updates on the current situation visit our web site [www.bedswalkfest.co.uk](http://www.bedswalkfest.co.uk)*

## Your guide to enjoying parks and waterways, coast and countryside

### Respect everyone

- be considerate to those living in, working in and enjoying the countryside
- leave gates and property as you find them
- do not block access to gateways or driveways when parking
- be nice, say hello, share the space
- follow local signs and keep to marked paths unless wider access is available

### Protect the environment

- take your litter home - leave no trace of your visit
- take care with BBQs and do not light fires
- always keep dogs under control and in sight
- dog poo - bag it and bin it - any public waste bin will do
- care for nature - do not cause damage or disturbance

### Enjoy the outdoors

- check your route and local conditions
- plan your adventure - know what to expect and what you can do
- enjoy your visit, have fun, make a memory

### Follow advice and local signs

In some cases, additional higher rights of access or permissive access could exist.

#### Footpath



#### Bridleway



#### Restricted Byway



#### Byway open to all traffic



#### Permissive Path

Follow advice on local signs as landowners voluntarily provide access to these paths and choose who can use them. Some open access areas are also made available in the same way.



#### National Trail

National Trails are created for walking, with horse-riding and cycling possible on some trails or trail sections.

[www.nationaltrail.co.uk](http://www.nationaltrail.co.uk)



#### Open Access

You can walk and explore away from paths.

[www.openaccess.naturalengland.org.uk](http://www.openaccess.naturalengland.org.uk)

For further information visit [www.gov.uk/countryside-code](http://www.gov.uk/countryside-code)



## Bedfordshire Walking Festival 11th to 19<sup>th</sup> September 2021

Saturday 11<sup>th</sup> September 2021

8-00am      **Early Autumn Migrants Bird Walk**  
 Starting from outside the main entrance to the Forest Centre, Station Road, Marston Moretaine MK43 0PR. OS GR TL004 417.  
**This 3 hour informative walk offers a chance to see and hear the migrant birds that are passing through the millennium country park... Winchat, Wheatear, swallows, Martins, Chiff Chaff and returning warblers.... Before the park gets busy.** No stiles, mixture of paths, some can be muddy when wet. Plenty of parking available. charges £2 for 3 hours £3 all day.  
 Toilets available before and after the walk. Refreshments available after the walk.  
**Cost £4 per person. Booking essential.** [www.marstonvale.org/events](http://www.marstonvale.org/events). Or phone 01234 767037. No dogs allowed.  
 Led by knowledgeable and enthusiastic bird watchers from the Forest Centre.

9-00am      **3 Green Wheel Challenge Part 1 Sandy**  
 Starting from Sandy market place . SG19 1HU. OS GR TL 725 927  
 This 6 mile circular is the first part of the Three Green Wheel Challenge over the weekend and can be completed as part of the challenge or in its own right. Part Two is this afternoon starting at 1-30pm from Jordans Mill, Biggleswade and Part Three is the following day, Sunday 12<sup>th</sup> September, starting from the Fox & Duck pub, Stotfold at 10-00am.  
**The Sandy Green Wheel is a walking route around the edge of Sandy and is mostly off road. The walk passes through The Pinnacle and the Riddy nature reserve along the bank of the River Ivel which is rich in wildlife and flora. The walk also passes through and beside areas that show the agricultural and industrial heritage of the area which has changed substantially over the years.** Stile Free, 2 roads to cross. Distance 6 miles circular walk.  
 Free car parking in town centre car park SG19 1AG.  
 Bus services to Sandy Market Square from Bedford, Biggleswade and Potton. See timetables. By rail Sandy is on the East Coast line trains every 30 minutes. Five minute walk to Market square.  
 Toilets in Market square car park. Refreshments available in town centre  
 Dogs on leads welcome. Bring a snack/drink for during the walk.  
*No need to book. Free entry. No charge for participating.*  
 Leader. Amanda Gibson 07769 670108.



**Key to Colour Coding**

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

10-00am

### **A model village in the heart of the Vale**

Starting from outside Stewartby Memorial Hall (also known as the Village Hall). Stewartby Way MK43 9LU. OS GR TL 019 423

**On this 2 hour informative walk this “ mini garden city” and some of the surroundings are explored and some surprising facts emerge.** Mostly good paths but some places can be muddy when wet.

Street parking around Memorial Hall (also known as the Village Hall) or nearby car park.

Public transport. Grant Palmer service 68 every hour. Service 42 has 20 minute walk to Village Hall. West Midland Railway. Marston Vale Line every hour.

Toilets and refreshments available at the Kiln after the walk.

*No booking required, just turn up, under current guidelines contact details will be taken on the day*

Leader Ramblers Barry Ingram 07860 348347

1-30pm

### **3 Green Wheel Challenge Part 2 Biggleswade**

Starting from Jordans Mill overflow car park, Southill Road, Broom SG18 9JX. OS GR TL 185 428.

This is the second part of the Three Green Wheel Challenge and can be completed as part of the challenge or as a walk in its own right

**This 7.5 mile easy walking, stile free route is around the town of Biggleswade and passes through and beside areas of landscape, heritage and wildlife interest.** It is mainly on off road paths although there are two level crossings at Holmegreen and Lindsells where care must be taken. Plus a short section alongside a busy road.

Parking free at Jordans Mill overflow car park

Grant Palmer bus passes Jordans Mill. See Grant Palmer web site for timetable

Toilets and refreshments at Jordans Mill.

Dogs on leads welcome. Bring a snack/drink for during the walk.

*No need to book.* Free entry. No charge for participating

Leader Cliff Andrews 01234 832617.



1-30pm

### **Clophill/Haynes Countryside Ramble**

Starting from St Mary's Church High Street Clophill MK45 4BP . OS TL092 383

**This 6 mile circular walk takes in woods and open spaces and returns via the ruined Church at Clophill.**

Roadside parking . Please park considerately on the High Street.

No toilets or refreshments available. Bring snack as there will be a break during the walk.

*No booking required, just turn up, however under current guidelines contact details will be taken on the day.*

Walk Leader North Beds Ramblers - Sandra 07889 691 025

Key to Colour Coding

Walks 5 miles and above

Heritage info walks 2-3 hours

Walks over 10 miles



9-30am

**In the Footsteps of the Duke Monmouth.**

Starting from Toddington Village Hall. Leighton Road Toddington LU5 6AN. OS GR TL009 289.

**This 6 mile circular takes in the areas of Toddington, Milton Bryan, Happyland Farm and Toddington Park as we return to Toddington Village Hall.** Some paths can be muddy when wet.

Parking at the Village Hall and surrounding streets

No toilets or refreshments. Bring snack as there will be a break during the walk.

Booking is essential. Contact leader by text from Friday 10th Sept

Leader Ramblers Mike Shephard Tel 07835 096057

10-00am

**3 Green Wheel Challenge Part 3 Etonbury**

Starting from the Fox & Duck pub, Stotfold SG5 4HE. OS GR TL 207 372.

This is the third part of the Three Green Wheel Challenge and can be completed as part of this challenge or as a walk in its own right.

**The 10.6 mile Etonbury Green Wheel encompasses Arlesey, Stotfold and Fairfield with Etonbury Wood as its hub. It passes through and beside areas of landscape, heritage and wildlife interest. Walkers can enjoy the Rivers Ivel, Hiz and the Pix Brook nature reserves, orchards and Etonbury Wood. Information boards are scattered around the Wheel pointing out areas of interest with snippets of local history including Stotfold Mill, St Guthlacs Church and Fairfield Hall.**

Parking Free at the Fox & Duck pub, Stotfold.

Toilets and refreshments available at the Fox & Duck pub, at the end of the walk and at Thorne's Garden Centre during the walk.

Dogs on leads welcome, Bring a snack/drink/lunch for during the walk.

*Under current guidelines booking will be required by text to leader.*

Free entry. No charge for participating.

Leader: Ramblers Nick Markham 07803 125876



Key to Colour Coding

Walks 5 miles and above

Heritage info walks 2-3 hours

Walks over 10 miles

## Sunday 12<sup>th</sup> September 2021

10-00am

### **The Regeneration Walk – Part 1**

Marston Vale Forest Centre, Marston Moretaine MK43 0PR. OS GR TL004 417

**This 7 mile circular offers an opportunity to explore the farmland and countryside of the Marston Vale and see what is being carried out at Marston Thrift and the old landfill sites near bye.**

Generally good walking may be muddy in parts when wet.

Please use the Forest Centre Car Park - charges apply £2 for up to 3 hrs or £3 all day.

Toilets and refreshments available at the Forest Centre .

**Why not have something to eat at lunch time and stay for part 2**

*Under current guidelines booking will be required by text to leader.*

Leader Ramblers Tony Dolphin 07946 361883

10-00am

### **North Luton Circular**

Starting from Legrave Car park on Sundon Park Road LU3 3AA. OS GR TL 057 246.

**7.5 miles Circular walk through urban parks, a spinney, along the countryside, up a steep hill with spectacular views and finish by following the river.** The walk is largely flat with one very steep ascent & descent and no stiles.

Please wear suitable footwear for hill climbing

Free parking at Legrave Park car park.

No toilets or refreshments available. Bring snack as there will be a break during the walk.

*Under current guidelines please book by text to leader*

Leader: Ramblers Ajay Gandhi 07940 589207

10-00am

### **Views around Little Staughton**

Starting from All Saints Church, Little Staughton MK44 2BL. OS GR TL107 629

**This 6 mile circular walk takes the high ground around the 13th century Motte and Bailey castle originally owned by Sir Adam de Creting and where the moat remains. Good views all round from Staughton Moor, then across fields and through a wood whilst circling back again on high ground with more good views then an ancient green lane before we head back across a field to the village. Little Staughton church is in sight for most of the walk. Small bridge to cross. Can be muddy and uneven through woods and on green lane**

Park on grassy verge leading to church

No Toilets or refreshments available until we reach The Crown PH near the end of the walk. Bring snack/drink as there will be a break during the walk.

Dogs on leads welcome.

*Under current guidelines please book by text to leader*

Leader Bedford Rambling Club Linda - 07733 343702

**Key to Colour Coding**

Walks 5 miles and above

Heritage info walks 2-3 hours

Walks over 10 miles

## Sunday 12<sup>th</sup> September 2021

2-00pm

### **The Regeneration Walk – Part 2**

Marston Vale Forest Centre, Marston Moretaine MK43 0PR. OS GR TL004 417  
**This 5 mile Circular offers an opportunity to explore the farmland and countryside of the Marston Vale and the nearby Bedford to Bletchley Railway line.** Generally walking on good surfaces may be muddy win parts when wet.

Please use the Forest Centre Car Park - charges apply £2 (for up to 3 hrs) or £3 (all day)

Toilets and refreshments available at the Forest Centre

*Under current guidelines please book by text to leader*

Leader Ramblers Tony Dolphin 07946 361883

2-00pm

### **Fascinating trees in a Victorian Cemetery**

Starting from the Chapel in Foster Hill Road Cemetery MK41 7TD

**A guided walk by someone who really knows her stuff about trees.**

**Highlighting the magnificent variety of trees in the 55 acres of the Victorian Cemetery adjacent to Bedford Park. Some trees date back to 1800 and are Native to England. Some have been brought back from lands far away.**

**Do you know trees talk to each other and work together to fight off enemies ? You will be amazed at the amazing things we take for granted.**

Duration approximately 90 minutes. *Easy walking on hard surface.*

Parking available in Foster Hill Road car park (Charge)

Refreshments available at the Chapel (charge)

Dogs on leads welcome. No charge for walk and no booking required.

Donations to our work at the cemetery would be appreciated.

Leader tree expert Jo Roberts

For more information contact adiebean@hotmail.com

## Monday 13<sup>th</sup> September 2021

10-00am

### **A History of Wind and Water.**

Starting from Sharnbrook Mill Theatre car park MK44 1NP. OS GR TL 010 591.

**This 5.5 mile circular walk passes through part of this pretty village before passing the old windmill and heading for the lovely Felmersham nature reserve with its tranquil lakes and wildlife. On to Felmersham river bridge and along the banks of the river River Great Ouse. A trip through the Pinch Mill Islands before heading back to the start across open countryside and meadows.** Easy walking with some uneven surfaces and parts can be muddy when wet.

Free Parking by kind permission of the Mill Theatre.

No toilets or refreshments available. Well behaved dogs on a short lead welcome.

No charge for walk and *No booking required*, just turn up, *however under current guidelines contact details will be taken on the day.*

Leader Bedford Rambling Club, Gerry 07902 451123

### Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

10-00am

**Defy superstition and come along to Renhold revisited**

Starting from Go Outdoors car park Norse Road Bedford MK41 0QN. OS GR TL 089 512.

**Defy superstition and find why there is more to Renhold than meets the eye. This 6 mile circular walk explores the open countryside and offers some expansive and interesting views as well as some things you may not know about Renhold.**

Parking free at Go Outdoors. Please park down side of building away from main customer parking area.

Frequent Stagecoach bus service no 5 stops nearby.

No toilets or refreshments available.

Bring a drink/snack as there will be a break during the walk.

*No booking required, however under current guidelines contact details will be taken on the day*

Leader Ramblers Barry Ingram 01234 353704 or 07860 348347.

9-00am

**Flit Valley point to point walk**

Meet at Silsoe Millenium Green MK45 4ET OS GR TL080 361 for shared transport to Westoning Village Hall

Starting from Westoning Village Hall Church Road Westoning MK45 5JL OS GR TL 031 326

**This new 7.5 mile point to point informative walk meanders along the little known Flit Valley with sculptures, carvings and an abundance of nature and wildlife.** Led by Sedgley who has been involved with this project throughout.

Parking at Silsoe Millenium Green. (Sharing transport to Westoning)

No Toilets or refreshments on route.

Bring a snack as there will be a break during the walk.

*Booking essential please as places limited. email [dsedgley@talktalk.net](mailto:dsedgley@talktalk.net).*

Leader David Sedgley.

10-00am

**Woburn Wild Life Walk**

Starting from Woburn public car park ,opposite St Mary's Church, Park Street Woburn MK17 9PG. OS GR SP951 331

**A pleasant 6 mile stile free circular walk takes in Birchmoor Green, Horsepool Lane, Woburn Safari Park, Woburn Park.** can be muddy in places when wet.

Free Parking in Woburn Public car park. Refreshments available in Woburn

No Public toilets.

Bring a snack/drink.

**Please prebook from 9am Sunday 12<sup>th</sup> September 2021.**

Walk Leader Nigel Nauth. 01525 374024

**Key to Colour Coding**

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

10-00am

**A view from the Brooks**

Starting from Roxton High Street near the Village Hall MK44 3ED. OS GR TL 152 545.

**This 12 mile, all day, circular walk has expansive views whilst up on the ridges and sheltered from wind when down in the brooks and down in the ditches of Begwary, Colmworth, Honeydon and parts of the parish of Wyboston & Colesden.**

Although its sounds like a muddy walk it uses paths and quiet roads in an area rarely explored by walkers.

Parking in Roxton High Street.

No Toilets or refreshments available. Bring lunch and snacks

*Under current guidelines please book by text to leader*

Leader Roy Carter 07784 208997

10-00am

**A Potton/Gamlingay Circular Walk**

Starting from junction of Everton Road and Sheffield Close Potton SG19 2PA.

**A 7 mile circular through Greensand country. The route includes urban and rural paths, a former railway line, a woodland nature reserve and sand pits and finishes about 1-00pm.**

Street parking. Please respect resident parking.

No toilets or refreshments available. Bring snack as there will be a break during the walk.

*Under current guidelines please book by text to leader.*

Leader Derek Turner. [Derek.turner@phonecoop.coop](mailto:Derek.turner@phonecoop.coop)

10-00am

**Wonderful Woodlands, a walk through the Green Gateway Woods**

Starting from Potters Cross MK43 9JG

**We'll be taking a gentle, 3 mile, approximately 90 minute stroll around the Green Gateway Woods. Learn more about the trees planted by the Forest Centre, their uses and the folklore associated with them.**

No Parking available. Public transport 53, C1, 857 all stop at the end of Potters Cross.

No Toilets or refreshments available. Dogs welcome.

Bring a drink and or snack.

*Booking Necessary Please book in advance so that we can monitor numbers.*

To book Contact Jo Roberts: [jo.roberts@marstonvale.org](mailto:jo.roberts@marstonvale.org), or call 01234 762608

Leader Jo Roberts: [jo.roberts@marstonvale.org](mailto:jo.roberts@marstonvale.org)

**Key to Colour Coding**

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

## Wednesday 15th September 2021

10-00am

### **Around The Source of The River Ivel**

Starting from Radwell Meadows Country Park Car Park Norton Bury SG6 1AN  
Grid Ref TL233 349

**An easy walk 7 mile circular walk in the upper part of the River Ivel and the outskirts of Baldock and Letchworth.**

Parking free at Radwell Meadows Country Park.

No Toilets or Refreshments available. Bring a snack /drink.

*Under current guidelines please book by text to leader.*

Walk Leader Tony Sheward 01234 831388 (07745 655938 on the day)

10-00am

### **The Slow Way Bedford to Riseley Linear Walk**

Starting from Bedford Bus Station MK40 1LX, grid ref TL047 498

**An 11 mile point to point walk taken from the Slow Ways website and walked in reverse i.e. the walk starts at Bedford Bus Station and finishes in Riseley.** Walk duration, about 5 hours including 2 stops. Bring lunch and snack. Potential for refreshments at the end (The Giddy Goat Cafe, Riseley).

Transport options: Park in Riseley and take No 28 bus from bus stop in front of 36 High St, MK44 1DX, Riseley at 9.15 for 10am start in Bedford or park in Bedford and return on 16.15 bus from Riseley to Bedford.

*Under current guidelines please book by text to leader.*

Leader North Beds Ramblers - Anne 07715 983 431

10-30am

### **A Journey through time**

Starting from Forest Centre, Station Road, Marston Moretaine, MK43 0PR. OS GR TL004 417

**This is a 2 hour informative walk Exploring the history of the local area from prehistory to the present through landscape, natural history - and odd bits of concrete and iron**

Stile free but on a mixture of surfaced and unsurfaced paths. Paths can be muddy at times. Dogs on leads allowed

Parking at the Forest Centre .. Parking Charge.

Toilets and Refreshments available at the Forest Centre.

Spaces are limited. *Please book by emailing Jane Moore*

[jane.moore@marstonvale.org](mailto:jane.moore@marstonvale.org)

**Leader.** Forest Centre Jane Moore 07458 084167

## Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

9-40am

**Don the cap of North Bedfordshire**

Starting from Riseley. Outside The Fox PH High Street Riseley MK44 1DT  
OS GR TL039 626

**A circular 17 mile walk with the LDWA. It's surprising how far north the county of Bedfordshire extends and this walk explores the area and its wartime history. Taking in the villages of Knotting ,Yeldon, Shelton and Upper & Lower Dean .** This is a full day walk at a good pace and not suitable for the average walker. Please come prepared.

Street Parking in Riseley. Please park safely and with respect for local residents  
Bring lunch, drink and snack. There is a pub stop. Toilets at lunch stop.

Public transport. Grant Palmer No.28 from Bedford Bus Station to / from Riseley and walk can be shortened catching this bus from Upper Dean back to Riseley or Bedford.

*No booking required, just turn up, however under current guidelines contact details will be taken on the day.*

Leader Roy Carter LDWA 07784 208997

10-00am

**The Barton Hills**

Starting from The Recreation ground, Old Road, Barton-le- Clay MK45 4L.  
OS GR TL083 304.

**This 7 mile walk goes up the hills and through the nature reserve and circles through Hexton before returning on a more level route to Barton-le-Clay.**

Some short distances of road walking

Road side parking by the recreation ground.

No Toilets or Refreshments on route. Bring a snack as there will be a break during the walk.

*Under current guidelines please book by text to leader.*

Leader Jan Woolfarth 01234 340429 or 07895 045410



**Key to Colour Coding**

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

## Friday 17th September 2021

10-00am

### **Eaton Bray, The Downs and Totternhoe**

Starting from Eaton Bray Recreation Ground, The Rye, (near junction with Totternhoe Road) Postcode LU6 2BQ. Grid ref SP 968 213.

**This 8 mile circular From Eaton Bray heads towards Dunstable Downs via Doolittle Mill, the Chiltern Way then to Totternhoe Green Lanes, with a lunch stop at the Nature Reserve, then back to Eaton Bray via The Knolls Parking.** Eaton Bray Recreation Ground. If the car park is full, park nearby on The Rye, but please do not obstruct the footpath or driveways.

A number of stiles and a couple of climbs, but worth it for great views across the Bedfordshire landscape. Bring own refreshments/packed lunch.

*Booking necessary. To book a place please call leader on Wednesday 15<sup>th</sup> September from 9am onwards.*

Leader Ramblers Karen V 07776 525293.

10-00am

### **Historic Parkland Walk**

Starting from The Square Aspley Guise MK17 8SY OS GR SP 942 359

**Historic Parklands define much of the character of Greensand Country, and this 3.75 mile (2.5 hours) informative walk will explore the countryside around Aspley Guise and Husborne Crawley, taking in rights of way through Aspley Park and Crawley Park, seeing how they have influenced the local area.** The route also provides some stunning views of Greensand Country as it passes through farmland and woodland. The walk is stile free but has some steps and moderate slopes.

Street parking . Please have respect for local residents.

Bus service 47 stops at the square and walk timed accordingly.

No refreshments or toilets available. Bring snack. Dogs welcome

Booking essential as places limited... [www.greensandtrust.org](http://www.greensandtrust.org)

Leader Jon Balaam 07759 839469.



Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

8-30am

**COVID Mini Greensand Challenge 30k circular.**

Starting from Amphill Park West Car Park, Woburn St MK45 2HX. OS GR TL024 381

**Starting from the Georgian market town of Amphill, our 30k Greensand challenge will follow the Greensand Ridgeway through Maulden and Clophill to the village of Haynes. From there we will wind our way back to Amphill via a series of picturesque local footpaths.**

As this is a long all day walk, and there are no facilities along the way, please ensure that bring sufficient food & water to last all day.

Free parking Amphill Park west car park.

*Under current guidelines booking will be required by text to leader*

Leader Ramblers – Nick M Tel: 07803 125876

10:00

**The Three V's Walk – Villages, Valley & Views**

Starting from Harrold-Odell Country Park MK43 7DS. OS GR SP956 566

Meet on the grass between the cafe and lake.

**This 8 Mile circular Morning walk takes the New Road out to Coldharbour Hill and onto the Three Shires Way before descending through Park Wood and back into Harrold.** There's lots to see including a lock-up.

Park in main car park or overflow car park. Donation of £1 for parking

Toilets and refreshments available at the Country park. Bring snack as there will be a break during the walk.

**Why not bring lunch and stay for the afternoon walk.**

*No need to book just turn up however under current guidelines contact details will be taken on the day.*

Leader Ramblers Roy Carter 07784 208997

1-30pm

**Ravensden Brook**

Starting from Mowsbury Park Kimbolton Road Car Park. MK41 8AH. OS GR TL060 528

**This 6 mile circular goes over the hills and along the fields, through a farm yard before following Ravenden Brook down through a Plantation to Renhold. Passing Marsh Wood and through Putnoe Wood and alongside a Golf Course as we return to Mowsbury Park.**

Parking Free at Mowsbury park. Use Kimbolton Road car park please.

Toilets and refreshments available near the Wentworth drive entrance.

*Under current guidelines please book by text to leader.*

Leader Ramblers - Margaret 07780 933 729

Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

## Saturday 18th September 2021

1-30pm

### **The Three V's Walk – Villages, Valley & Views**

Starting from Harrold-Odell Country Park MK43 7DS. OS GR SP 956 566. ca.  
Meet on the grass between the cafe and lake.

**5 Mile circular afternoon walk takes the meadows to Odell, cross the Ouse and up to Freer's Wood before descending to Chellington & Carlton and back across the river.** All picturesque villages.

Park in the main car park or overflow area. Donation of £1 for parking

Refreshments and toilets available.

Bring a snack as there will be a break during the walk.

*No need to book, just turn up, however under current guidelines contact details will be taken on the day*

Leader Ramblers Roy Carter 07784 208997



## Sunday 19th September 2021

10-00am

### **A different Green Wheel**

Starting from Biggleswade Market Square SG18 8AP. OS GR TL190 445

**This 8 Mile circular morning walk takes the perimeter route around Biggleswade Common and returns down Eagle Farm Road into London Road. Plenty of countryside remains in a growing town.**

Free parking in Market Square and in surrounding council car parks on Sundays

Bring a snack as there will be a break during the walk.

Toilets and refreshments available in the town centre.

**Why not bring or buy some lunch and stay for the afternoon walk.**

*No need to book, just turn up, however under current guidelines contact details will be taken on the day*

Leader Ramblers Roy Carter 07784 208997

### Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

## Sunday 19th September 2021

10-00am

### **Toddington and Tigrith Trundle**

Starting from Harlington Village Hall car park LU5 6LS. Grid Ref: TL037304  
A very pleasant 11 mile, circular, all day, 'trundle' in the lush green countryside south and west of Harlington, heading south initially on the Icknield Way to Upper Sundon before heading west to Toddington and its wide village green and war memorial. Heading north from the village we pass near Toddington Manor on our way to scenic Tigrith village where we will stop for a rest at St Nicholas Church. After crossing the M1 (via footbridge!) we will return to the start via Harlington Wood Green and Westoning village with our last leg taking in part of the John Bunyan Trail.

Parking free at Harlington Village Hall.

Bring packed lunch plus drink and snack.

*Under current guidelines please book by text to leader.*

Leader Andrea Deeley 07713 718389 Email: [andreadeeley@hotmail.com](mailto:andreadeeley@hotmail.com)

10-00am

### **A Victorian Park and Urban Countryside**

Starting from Bedford Park gates, West Park Lodge, Park Avenue (Top of De Pary's Avenue) MK40 2JZ

**This is a 5 mile stile free circular walk through Bedford's Victorian Park to Mallard Hill (quite steep), pass allotments to open fields into Clapham Woods, doubling back to Mallard Hill (down this time) into the park.**

Parking is free on Sunday in De Pary's Avenue, MK40 2TP and Park Avenue, MK40 2LB.

Bedford Park is a 20 minute walk from the Town's bus station and 25 minutes from the train station.

Refreshments from cafe in park on the way back (toilet inside). A pay for toilet is also available near the lake

*Under current guidelines please book by text to leader.*

Leader: Chris Mob: 07904 562541

10-30am

### **Sandy to Everton circular: Bird Life, Roman Road & WW2 Airfield**

Starting from Sandy railway station, Station Road, Sandy, SG19 1AW. OS GR TL178 488.

**This 12-mile circular walk passes through The Lodge RSPB HQ and nature reserve and alongside Sandy Heath to the village of Everton. We then go through the grounds of Woodbury Hall before descending from the Greensand Ridge and return to Sandy on a Roman Road. On the route we pass the former RAF Tempsford and may visit the barn at Gibraltar Farm, (Fee payable) now a memorial to the special agents who flew from here to occupied Europe in WW2.**

Parking at station £2.80 or free parking at town centre car park, High Street, Sandy, SG19 1AG less than half a mile away.

Toilets available at the station and en route.

Bring a packed lunch or snacks and drinks. Dogs are welcome on a lead.

This walk is hosted by Stag Walkers, a Ramblers group aimed primarily at people in their 20s and 30s but all are welcome.

<https://www.ramblers.org.uk/stag-walkers> for booking details or contact leader.

Leader Ramblers Al Maceachern. Email [stagwalkplan@gmail.com](mailto:stagwalkplan@gmail.com)

## Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles

## Sunday 19th September 2021

10-00am

### Henry goes to Maulden

Starting from Ampthill Park West Car Park, Woburn St , Ampthill MK45 2HX  
OS GR TL024 381

**This 7 miles circular morning walk leaves Ampthill Great Park along the Greensand Ridge and heads to Kings Wood, before dropping down to Maulden. Returning through farmland to Ampthill.**

Free parking in Ampthill Park west car park.

Toilets and refreshments available park. None on route, please bring refreshments as there will be a short mid walk break at Maulden Church.

**Why not bring lunch and stay for the afternoon walk ?**

*Under current guidelines booking will be required by text to leader*

Leader Ramblers Nick M Tel: 07803 125876

1-45pm

### A different Green Wheel

Starting from Biggleswade Market Square SG18 8AP. OS GR TL190 445

**This 5 Mile circular afternoon walk takes an interesting off road route to Jordan's Mill for afternoon tea and returns along the River Ivel.**

Free parking in Market Square and in surrounding council car parks on Sundays  
Bring a snack as there will be a break during the walk.

Toilets and refreshments available in the town centre.

*No need to book, just turn up, however under current guidelines contact details will be taken on the day.*

Leader Ramblers Roy Carter 07784 208997

1-45pm

### Katherine goes on holiday

Starting from Ampthill Park West Car Park, Woburn St , Ampthill MK45 2HX  
OS GR TL024 381

**Our 5 mile circular afternoon walk follows the new Katherine's Walk over Cooper Hill and out to the west, before cutting through farmland to the edge of Woburn Wood. Returning via Millbrook village to Ampthill Great Park.**

Along the way you may glimpse some surprising local animals and a well known holiday site.

Free parking in Ampthill Park west car park.

Toilets and refreshments available in the park. None on route, please bring refreshments as there will be a short mid walk break at Maulden Church.

*Under current guidelines booking will be required by text to leader*

Leader Ramblers Nick M Tel: 07803 125876



Key to Colour Coding

Walks 5-9 miles

Heritage info walks 2-3 hours

Walks over 10 miles



You too can enjoy great walks, meet like minded people, experience group trips and holidays, enjoy social events, volunteer for our footpath activities and much much more. The Ramblers are the only independent charity promoting walking and preserving our footpaths.

To find out more contact [ramblers@ramblers.org.uk](mailto:ramblers@ramblers.org.uk) or contact your local Bedfordshire group  
Ivel Valley Walkers... [www.ivelvalleywalkers.co.uk](http://www.ivelvalleywalkers.co.uk)  
Lea & Icknield (Luton) Ramblers... [robert.tarron@btinternet.com](mailto:robert.tarron@btinternet.com)  
Leighton Buzzard Ramblers... [www.lb-ramblers.org.uk](http://www.lb-ramblers.org.uk)  
North Beds Ramblers... [northbedswalks@gmail.com](mailto:northbedswalks@gmail.com)  
Bedford Rambling Club... [bedfordramblingclub@gmail.com](mailto:bedfordramblingclub@gmail.com)



**11<sup>th</sup> & 12<sup>th</sup> September**  
**Saturday in Sandy & Biggleswade**  
**Sunday at Stoffold**

## Covid Greensand Path Challenge

Saturday 18<sup>th</sup> September.

Book by text to leader

See page 16



**30k**

