

Community Groups

1st Sandy Girls Brigade

Description	GB is passionate to raise the volume of hope among girls and young people, and we do this by providing local action-packed, stretching, fun and safe friendship groups for children, girls and young women aged four to 18 to join.
Day & Time	Thursday 6.30-8.25pm
At	Sandy Methodist Church St Neots Road Sandy
Contact	Christina Costin-Webb
Address	86 Margetts Road Kempston MK42 9DT
Telephone	01234 302985
Email	ccw281969@gmail.com
Web	http://www.girlsb.org.uk

1st Sandy Guide Company

Description	Guides (Girlguiding)
Day & Time	Thursdays 7.15pm-9.15pm
At	Sandy Youth Centre
Contact	Tirma
Address	
Telephone	01767 682631
Email	1st.Sandy.Guides@gmail.com
Web	www.girlguiding.org.uk/interested

5th Sandy Brownies

Description	Girls Aged 7 – 10/11
Day & Time	Thursdays 5.45pm – 7.15pm
At	Sandy Youth Centre, Swansholme Gardens, Sandy
Contact	Sandra
Address	
Telephone	01767 682396
Email	
Web	www.girlguiding.org.uk (to register girls)

Army Cadets

Description	The Army Cadet Force (ACF) has a whole bunch of opportunities that are open to young people both boys and girls, aged 12 (in school year 8) to 18. From Competition Shooting to Rock Climbing, Campcraft and Night Navigation to Swimming and Athletics. The list is endless. All these activities are sponsored by the MOD, which means the costs are extremely low to the cadets themselves, in most cases training is free. Near all equipment is provided for you, so why are you still sitting here reading this? Visit our website now.
Day & Time	Mondays & Wednesdays 19.00-21.30
At	Cadet Centre, Alnwick Close, Sandy, SG19 1QY
Contact	Staff Sergeant Instructor Greg Finlay
Address	Cadet Centre, Alnwick Close, Sandy, SG19 1QY
Telephone	01767 699822/ 07854 802164
Email	8770finla@armymail.mod.uk
Web	www.armycadets.com

ASAHI Shotokan Karate Club SANDY

Description	We are traditional Shotokan Karate club teaching Karate to students from ages 4-65 + yrs. The club has been running in Sandy since 1990. We are part of SKAI England and Members of the Amateur Martial Arts Association.
Day & Time	Wednesdays, Juniors 7-8pm, Adults (16+) 8-9pm
At	Sandy Upper School Sports Centre in the main sports hall.
Contact	Sensei Richard Scoot 6 th Dan
Address	
Telephone	07801 143827/01462 811525
Email	richard.scoot@virgin.net
Web	www.pottonkarate.org.uk

ATC (Air Training Corps)

Description 22 (Sandy) Squadron Air Training Corps (RAF Air Cadets) is a voluntary uniformed youth organisation, which is parented by the Royal Air Force, for young people aged 13-17 years of age, or starting from age 12 if in school year 8. There are opportunities to go flying, gliding, camping, adventure training, take part in the Duke of Edinburgh Award Scheme, Citizenship, eight different sports, Parades, Shooting, visits to RAF Stations, international exchanges, overseas Camps, make new friends and have fun.

Day & Time Every Tuesday and Thursday evenings between 1900 - 2130hrs. The squadron also runs activities on a number of weekends.

At ATC/ACF Cadet Centre, Alnwick Close, Sandy, SG19 1UA

Contact Civilian Instructor Jeffrey Henshaw

Address ATC/ACF Cadet Centre, Alnwick Close, Sandy, SG19 1UA

Telephone 01767 691681

Email info@sandy-aircadets.org.uk

Web www.sandy-aircadets.org.uk

Baptist Church Sunday Service

Description Church service including activities for children aged 3-11.

Day & Time Sundays 10.30am

At Sandy Baptist Church

Contact Tom & Edwige Turner

Address

Telephone 01767 226847

Email deacons@sandybaptistchurch.org

Web www.sandybaptistchurch.org

Bedfordshire Local Resilience Forum

Description Bedfordshire Local Resilience Forum is a statutory body that brings together Police, Fire, Ambulance, local councils, health and government agencies, representatives of Bedfordshire businesses and risk and resilience consultants to prepare and plan for disasters and to help businesses think about the unthinkable before it happens.

Day & Time

At

Contact BLRF Technical Administrator

Address

Telephone 0300 300 4145

Email BedfordshirePrepared@CentralBedfordshire.gov.uk

Web

Beeston Walk 4 Health

Description Walking group meeting weekly for a gentle walk of about 45 mins/1 hour across the flat fields behind Beeston.

Day & Time Mondays at 9am

At Junction of The Green and The Crescent, by the post box

Contact Gillian Wilkes

Address

Telephone 07890 232685

Email grewilkes@gmail.com

Web

Beeston Open Gardens

Description Committee formed to organise a yearly open gardens in Beeston, to raise money for charity, both local and national.

Day & Time

At

Contact Katrina Bourne, Secretary

Address

Telephone

Email bournekatrina04@gmail.com

Web www.beestonopengardens.org.uk

Biggles FM

Description We provide a local radio service involving the community through interviews, discussion and outside broadcasts covering Carnivals, Christmas Lights, special and other local events.

We also feature local musicians/singer songwriters in our broadcasts giving them the opportunity to reach a larger audience.

The station broadcasts to Sandy, Biggleswade, Potton and surrounding villages and hamlets 24hours a day.

BigglesFM can be heard on 104.8 FM and via the internet on www.bigglesfm.com

Day & Time

At

Contact Alan Waring

Address 36 Sutton Mill Road, Potton, Sandy, Beds SG19 2QB

Telephone 01767 260111

Text No. 07710 457495

Email studio@bigglesfm.com

Web www.bigglesfm.com

Biggleswade Athletic Club

Description	Athletics Club
Day & Time	Tuesdays and Thursdays 6.30 -8.00pm
At	Sandy Athletic Track, Sandy Sports Centre, Engayne Avenue, Sandy, SG19 1BL
Contact	Hannah Broom
Address	41 Jubilee Close, Sandy, SG19 1RR
Telephone	07810 540092
Email	secretary@biggleswadeac.org.uk
Web	www.biggleswadeac.org.uk

Biggleswade & District Camera Club

Description	<p>Biggleswade & District Camera Club are a group of approximately 70 photographers, male and female, of all ages who meet weekly to learn more about the art of photography. If you enjoy taking photos and want to increase your knowledge of the subject, then please come along to a meeting. We have a varied programme of meetings that includes: visiting speakers who present their work or give tuition, club and inter-club competitions judged by impartial judges, practical, tuition and social evenings and a chance to show others your work. We also get together for photographic trips and visits to exhibitions. You don't have to be an expert to join. It doesn't matter what camera you have, we cater for all formats – digital, prints and audio-visual presentations, (but not video or cine). A warm and friendly welcome awaits you, with help and advice freely given. A grant from the National Lottery 'Awards for All' has enabled the club to buy the latest digital projection equipment, as well as extra lighting for use in studio and still life practical sessions. With every club member now using a digital camera, members are able to upload their competition images via the club website. There are cups, prizes and certificates for winners and several photographic discounts for all members. We also take part in a number of inter-club competitions. Members may submit a gallery of images for our website.</p>
Day & Time	Thursday evenings 7.30 for 8pm -10pm approx
At	Conservative Club, St Andrews Street, Biggleswade, SG18 8BA
Contact	
Address	C/o Conservative Club, St Andrews Street, Biggleswade SG18 8BA
Telephone	01767 316176
Email	secretary@biggleswadecameraclub.co.uk
Web	www.biggleswadecameraclub.co.uk

Biggleswade Rugby & Squash Club

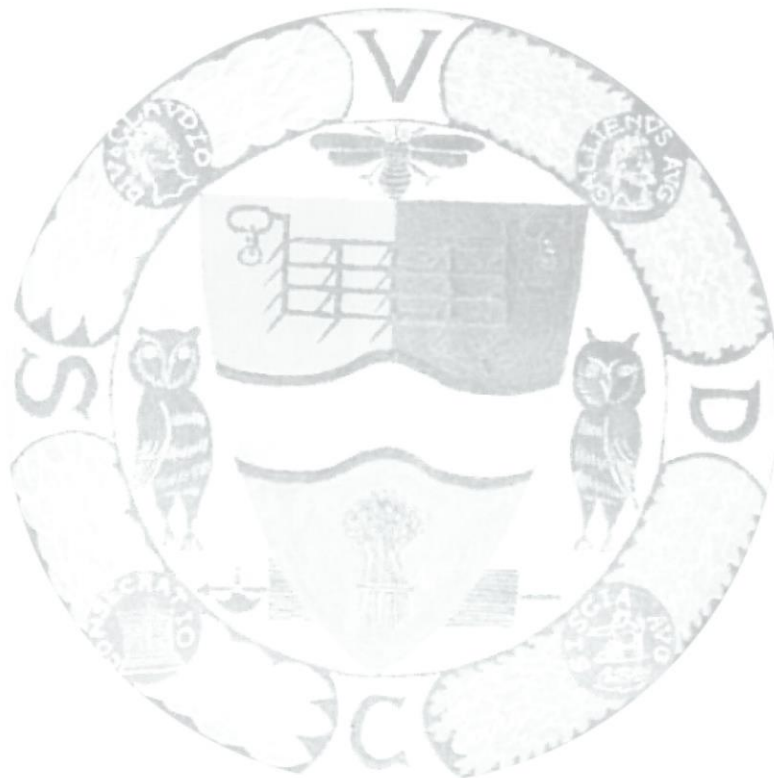
Description	Rugby for ages 6 upwards (Minis) and 12-16 years (Youth) including Colts, 3 Senior men's teams and 1 women's team. Squash all ages and option to play in a league.
Day & Time	Rugby Seniors play Saturday, Mini, Youth & Colts play Sunday, training various nights. Squash –all day every day.
At	The Clubhouse, Langford Road, Biggleswade, SG18 9RA
Contact	Club Steward or the Chairman
Address	The Clubhouse, Langford Road, Biggleswade, SG18 9RA
Telephone	01767 312463
Email	biggy@biggleswaderugby.co.uk
Web	www.biggleswaderugby.co.uk

Biggleswade Sandy Lions

Description	<p><i>Who are Biggleswade Sandy Lions?</i></p> <p>We are a local voluntary service organisation of men and women. We are part of <i>Lions Clubs International</i>, the largest voluntary service organisation in the world.</p> <p><i>What do we do? We provide:</i></p> <ul style="list-style-type: none">• Emergency help for local people in desperate need• Easy access to your medical details, when you need them in emergency: <i>Message in a Bottle, Message in a Wallet or Medic Alert.</i>• Opportunities for youth: Leadership incentives.• Social outings and events for disadvantaged children and the elderly who are lonely.• Christmas parcels to the lonely or needy• Fun events for the enjoyment of the community, to raise funds for our work• Nationally and internationally we support emergency relief needs, eye operations to restore sight and other health and social care in the third world. <p>Please contact us about membership or any of the work we do.</p>
Day & Time	We meet on 1 st and 3 rd Wednesday of every month at 8pm
At	At the Sea Cadet Unit, 4 Station Road, Biggleswade, SG18 8AL. All visitors welcome.
Contact	Dave Hagger, Secretary
Address	
Telephone	01462 814693
Email	secretary@biggleswadesandylions.org.uk
Web	www.biggleswadesandylions.org.uk Facebook: Biggleswade Sandy Lions Charity: Incorporating Biggleswade and Sandy Lions Club Welfare Fund, Registered Charity No 1049281

Biggleswade Swimming Club

Description	Competitive Swimming Club
Day & Time	Monday, Tuesday, Wednesday, Friday, Saturday & Sunday We also train at Bedford School on Wednesdays and Luton on Saturdays.
At	Saxon Pool, Biggleswade
Contact	Gill Lillywhite
Address	
Telephone	07889 831648
Email	bwsc@biggleswadesc
Web	www.biggleswadesc.org



CaféConnect

Description

CafeConnect offers free weekly drop in sessions that provide opportunities for residents to meet socially and benefit from peer support.

Community Action Bedfordshire run the project and aim to offer talks, activities and resources in response to the interests, issues and concerns raised by participants. The purpose is to build strong, healthy, interconnected communities and alleviate loneliness and social isolation.

CaféConnect is an opportunity for you to benefit from peer support in a relaxed, safe environment and to:

- make connections with others in the locality
- share experiences and learn from others
- provide mutual support and friendship
- connect with community activities and groups
- be active and live life to the full
- enjoy **FREE** delicious cake and refreshments

CaféConnect provides supportive opportunities for you and others to talk about a range of issues and concerns. Whether you experience social isolation or loneliness, have experienced a relationship breakdown, are unemployed, have an unhealthy lifestyle or lack social interaction or physical exercise, peer support will enable you to find positive and collaborative solutions for a better quality of life, whatever your story.

Community Connections Advisers are there to facilitate the group; provide information, advice and guidance if needed; connect you with local community groups, activities and services; and ensure you get the most out of your **CaféConnect** experience.

You don't need to make an appointment, just drop in to the Sandy Library on a Tuesday morning between 10:am and 12:00noon. The venue is fully accessible and free refreshments will be provided. For further information please contact Jenny on 07867 488001 or Community Action Bedfordshire on 01525 850559 or visit

www.cabeds.org.uk. We look forward to welcoming you to **CafeConnect**.

Day & Time

Every Tuesday 10.00am – 12.00noon

At

Sandy Library, Market Square, Sandy, SG19 1EH

Contact

Jenny on 07867 488001

Address

Community Action Bedfordshire, Bossard House, West Street, Leighton Buzzard LU7 1DA

Telephone

01525 850559

Email

cafeconnect@cabeds.org.uk

Web

www.cabeds.org.uk

Churches Together in Sandy and Beeston

Description Christians from the Anglican, Baptist, Methodist, Roman Catholic, Sandy Community and Vineyard local churches who join together for various activities and services throughout the year.

Day & Time

At

Contact Mrs Jenny Endersby

Address

Telephone

Email Jennyendersby2@gmailcom

Web

East Beds Youth Choir

Description A well respected auditioned choir for 10 years upwards, boys and girls.

Day & Time Tuesdays 5.30 – 7pm (Term time)

At Upper Caldecote Church

Contact Mrs Karen Beer

Address

Telephone 07767 803515

Email karenbeer@hotmail.co.uk

Web www.ebyc.co.uk

Friends of Fallowfield and Ivel Park

Description On 20th July 2017 a group of residents met and founded the Friends of Fallowfield and Ivel Park small charity. Our Mission: (1) To positively encourage community engagement by way of events (open to all residents in Sandy). (2) To celebrate, fund raise and enrich the Fallowfield and Ivel Park environment. (3) To strengthen and develop relationships within the community.

Day & Time Evening meetings as arranged

At Various venues throughout Sandy

Contact Chairperson – Deryl Pascoe

Address 4 Osprey Close, Sandy, SG19 2TW

Telephone 07535 657786

Email Derypascoe142@hotmail.com

Web Facebook <https://www.facebook.com/FFIPSandy/>

Friends of Sandy Christmas Lights

Description The Friends of Sandy Christmas Lights are a team of volunteers made up of local residents, town council staff and Councillors. Their aim is to provide an annual Christmas Lights event for the community. Fundraising and planning takes place throughout the year. Anyone interested in joining the group would be most welcome.

Day & Time Monthly meetings held

At Various locations to include Sandy Town Council Offices

Contact Mrs Gee Leach

Address C/o 75 Merlin Drive, Sandy, SG19 2UN

Telephone 01767 699888 (Answerphone)

Email Friendsofsandychristmaslights@outlook.com

Web <https://www.facebook.com/SandyFoSCL/>

Ivel Stroke Club

Description

Day & Time Third Monday of each month

At Stonecroft Hall

Contact Mrs Jennifer Newland

Address 16 Mills Walk, Sandy

Telephone 01767 680503

Email Secretary Pat Whiteaker – whitsend@virginmedia.com

Web

Jazzercise

Description Incinerate up to 800 calories in one 60 minute class. With it's pulse-pounding, beat-pumping fitness program that gets results ...fast! It's a calorie-torching, hip-swiveling, dance party workout to put your abs to the test with a hot playlist to distract you from the burn!

Day & Time Mon, Tues & Thurs 7.30-8.30pm

At Classes are held at Sandye Place Academy.

Contact Lisa

Address

Telephone 07547 855312

Email jazzerciselisa@sky.com

Web www.jazzercise.net/uk-st-neots/Sandy

Kestrels Archery

Description	Target Archery
Day & Time	Indoors (October 1 st – March 31 st) Saturdays 17.30-20.00 at Stratton Upper School. Outdoors (April 1 st – Sept 30 th) Tuesday and Thursday evenings from 17.30 and Sundays from 14.00 at Furzenhall Road, Biggleswade.
At	See above.
Contact	Helen Horner
Address	7 The Grove, Biggleswade, SG18 8JW
Telephone	01767 600176
Email	helen@hornercorner.com
Web	www.kestrelsarchery.org

Kings Arms Angling Club

Description KAAC is based in Sandy, It has a healthy membership of over 100 members from both sexes (including juniors) who enjoy the sport of angling. The club is predominantly a course fishing club, and throughout the year competitive events take place on a monthly basis that encourage members to become better anglers and allow them try their hands at sea, predator, and game (fly) fishing too. The KAAC has two forms of membership, Adult (£25), Junior (free) and and there are fun packed monthly meetings, usually on the second Wednesday of the month at Sandy Conservative Club at 8pm. All members are welcome to attend.

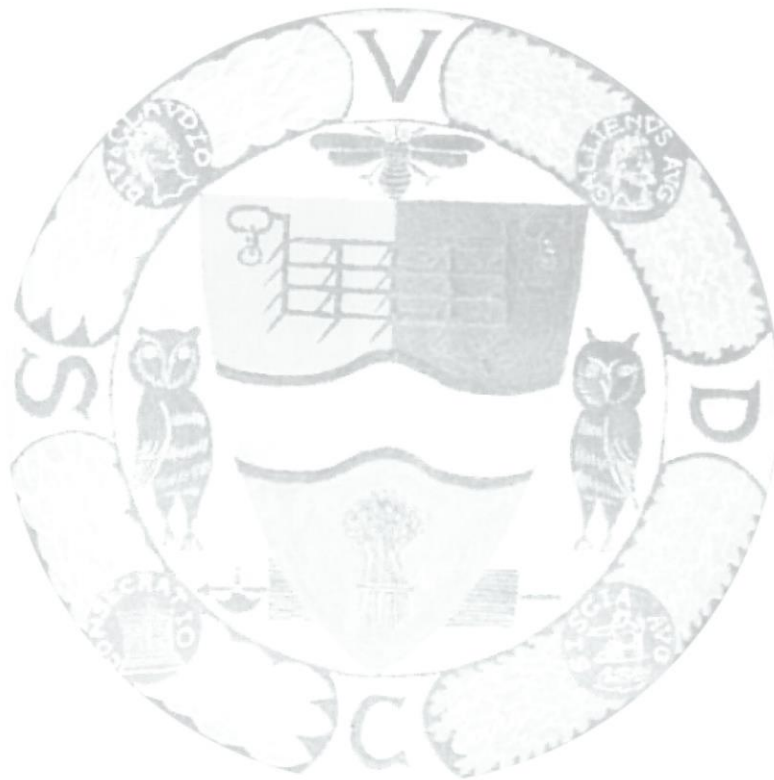
The KAAC is an active affiliated member of the Ivel Protection Association (IPA) which means a large proportion of the River Ivel can be fished by it's members. In addition to the IPA waters the club has private stretches of water too which means fishing is possible 365 days a year.

The club not only promotes angling, but also actively supports St John's Hospice at Moggerhanger. This is sometimes through special "fishing celebrity" fund raising events. In 2012 we were proud to present another £4000 taking the total over £21,000 to date, to the Sue Ryder Hospice.

Day & Time	2 nd Wednesday of the month 8pm
At	Sandy Conservative Club
Contact	Mick Saunderson
Address	147 Stratton Way, Biggleswade, SG18 0NN
Telephone	
Email	kaacfish@gmail.com
Web	www.kaac.co.uk

Little Angels Toddler Group

Description	Group for children under 5 with their parents and carers.
Day & Time	Tuesdays 1.15 – 2.45pm term time only
At	Sandy Baptist Church Hall
Contact	Phil & Jenny Vass
Address	
Telephone	01767 448566
Email	deacons@sandybaptistchurch.org
Web	www.sandybaptistchurch.org



Mini Explorers

Description	<p>Situated close to Sandy train station, we are a private day nursery that provides full-day childcare from 12-week old babies to 5-year-old children. Knowing that families juggle busy lives we also offer additional services (wrap-around care) for 5 to 12 year olds, and we have become a familiar sight in and around Sandy doing the school run either by foot or in our brightly decorated vehicle.</p> <p>As a nursery we pride ourselves on being 'a home away from home', our precious babies have a warm, stimulating and caring baby unit complete with a garden separate from the older children. We follow the EYFS (Early Years Foundation Stage) framework by giving children in the main nursery "free flow" access. Recognised as an important element in early years development, free flow play enables children to make individual choices. Our children can move between a calm, relaxing, quiet room to a busy play area with a variety of stimulating activities and equipment, or outside to a bright and spacious garden. All areas provide an opportunity to explore and discover while learning through play.</p> <p>All of our age groups enjoy our Tuesday morning music, movement, and drama sessions run by Paula from Tiny Mites Music. Our preschool and Toddler group are enjoying the French lessons, which are taught in a variety of fun and exciting ways with our French teacher, Marie. The children can now enjoy Yoga, taught by Carine Robin from Kiddie Yoga, the session is on Thursday morning, the children and babies really enjoy it!</p>
Day & Time	Monday-Friday 8am-6pm. We offer an early start from 7am or a late finish until 6.30pm. There are 2, 3 and 4 year old funded spaces, which can be taken flexibly over the week.
At Contact Address	Mini Explorers, 54 High Street, Sandy, SG19 1AJ Laura Campbell or Sammy Roshier
Telephone	01767 689688
Email	bigexplorers@outlook.com
Web	www.miniexplorersdaynursery.co.uk

Purple Preschool of Sandy

Description We are a private staff run full day care preschool for children aged 2 - 5 years. We have up to 24 children per session and at least 3 members of staff at every session. We offer up to 15 and 30 hour funding for 3 / 4 year olds and 15 hour funding for 2 year olds. We have a large bright indoor area and a large fenced outdoor area for free flow play. We have weekly walks in and around Sandy Town centre.

Day & Time Monday -Friday 9am - 3pm term time.

At Sandy Scout HQ, Sunderland Road, Sandy,SG19 1QT

Contact Elizabeth Robinson

Address

Telephone 07584 562690 (mobile), 01767 682260(pre-school)

Email purplepreschool@yahoo.co.uk

Web www.purplepreschool.co.uk

Respite at Home Volunteers

Description Respite at Home Volunteers West Mid Beds and Ivel Valley - a free befriending service offering help and support to people with life limiting illnesses and their families and carers. The volunteers visit patients in their homes, give practical help where it is needed and become a supporting friend during the illness and beyond if required.

Day & Time

At

Contact Nicola Mills

Address 10 Dane Lane, Wilstead, MK45 3HT

Telephone 01234 743063

Email respateathomevolunteers@aol.co.uk

Web www.facebook.com/respateathomevolunteers

Sandy & District Allotment & Leisure Gardeners Association

Description Allotment and Leisure Gardeners Association

Day & Time

At

Contact John Bray - Secretary

Address

Telephone Daytime 07974 000593, evening 01767 226303

Email John.bray50@hotmail.com

Web

Sandy & District Horticultural Association

Description	Local horticultural group that holds regular monthly meetings, workshops, and talks on subjects of a horticultural interest. We also arrange trips and visits during the year to gardens and places of interest. Non-members are very welcome at our activities.
Day & Time	Usually the third Wednesday of the month at 7.30pm, but this can vary. Please check our website diary & Facebook page for more up to date information.
At	Various locations. Please check our website diary & Facebook page for up to date information.
Contact	Association Secretary
Address	
Telephone	
Email	assocsec@thesandyshow.org.uk
Web	www.thesandyshow.org.uk /
Facebook	www.facebook.com/TheSandyShow
Twitter	Twitter @sdhaweb

Sandy & District Probus Club

Description	Retired Business and/or Professional men's Luncheon club plus other social events (membership by invitation)
Day & Time	4th Thursday of each month
At	Sandy Conservative Club
Contact	Honorary Secretary
Address	
Telephone	
Email	paknrtd@btinternet.com
Web	

Sandy & District Royal British Legion

Description	We have a very active group with lots of outings and fund raising activities.
Day & Time	On the third Wednesday of each month at 8pm
At	Sandy Conservative Club
Contact	Jill Cooke (Secretary)
Address	2 Woodpecker Way, Sandy, SG19 2SQ
Telephone	07790 527096
Email	mini-cooper-Jill@hotmail.co.uk
Web	

Sandy Astronomical Society

Description Amateur astronomy group with access to some expert advice. We occasionally meet at Moggerhanger Village hall for talks and outreach and Sandye Place over the winter month for free outreach and star gazing, third Thursdays of the month.

Day & Time First Thursday of every month from 7pm.

At Mama's Coffee Shop, Sandy High Street, Sandy

Contact Sarah Catt

Address

Telephone

Email sandyastronomicalsociety@outlook.com

Web

Sandy Branch of The Leprosy Mission

Description Fundraising for The Leprosy Mission and making people aware of Leprosy and the 'mission' through talks etc. Branch is involved with events in the town – stall at the carnival and a weekly stall, plus organising coffee mornings, trips, concerts etc.

Day & Time Small committee of six only meet twice a year in one of the members houses to plan fundraising events etc.

At

Contact Colin Osborne (Secretary)

Address 2 Leeds Smith Drive, Sandy, SG19 1LU

Telephone 01767 682032

Email Colin.osborne@codo.co.uk

Web www.leprosymission.org.uk

Sandy Carnival

Description Organises Sandy Carnival parade and field events

Day & Time Next carnival date 8 June 2019 1pm-5.30pm, venue to be confirmed

At Meetings held at The Roundabout Club

Contact Hayley Stewart

Address 19 College Road, Sandy

Telephone 01767 223911

Email raven.blackwing09@googlemail.com

Web

Sandy Colts

Description Youth Football Club
Day & Time Training days are Wednesday, Thursday & Friday, dependant on age group.
Matches held on Sundays.
At Training on the Astro Turf at Sandy Upper School and also on the field during the summer. Matches held at Sunderland Road Recreation Ground.
Contact Darren Sharp
Address 23 Mill Lane, Sandy, SG19 1NH
Telephone 07557 044985
Email darrenvsharp@icloud.com
Web www.sandycolts.co.uk

Sandy Conservative Bowling Club

Description An outdoor Green Bowling Club.
Day & Time A daytime activity in the summer months. Open every day from April to September. All new members are made welcome, and the club holds regular clinics for new bowlers during the summer season. All ages and gender are welcome to attend.
At The Bowls Green at the rear of Sandy & District Conservative Club, Bedford Road, Sandy.
Contact Mr Glyn Milbourne (Chairman)
Address
Telephone
Email milbourne@sky.com
Web www.sandyconservativebowlsclub.co.uk

Sandy Cricket Club

Description	Local sports club offering friendly cricket for those of all abilities.
Day & Time	Colts training for children aged 6-15 is held on a Saturday morning 9am - 10am with matches held on Sunday mornings.
At	Seniors training is held, during the summer, on Thursday evenings 6pm – 8pm. During the summer we train/play at Sunderland Road recreation Ground. During the winter, colts training is held at Sandy Upper School.
Contact	Lee Eplett, Coach
Address	
Telephone	07870 428 783
Email	Cricketfan2791@gmail.com
Web	Sandy CC on Playcricket.com (club site currently under re-development)

Sandy Enhancement Group

Description	The Sandy Enhancement Group is a team of volunteers who seek by practical means to improve the appearance of Sandy; promoting the floral enhancement of Sandy and undertaking various projects to improve specific areas of the town. The Group holds annual Best Kept Competitions in categories Front Garden, Floral Display, Shop-front, Public House and Restaurant.
Day & Time	Monthly throughout the year. The meetings are held in the evening: date and time vary in line with members commitments, but are announced on social media and town noticeboards.
At	Sandy Library
Contact	David Thomas
Address	51 St Neots Road, Sandy, SG19 1LE
Telephone	01767 691333 (Nigel Aldis)
Email	sandyenhancement@gmail.com
Web	www.mysandy.org.uk

Sandy Flower Club

Description Come and spend a relaxing evening watching qualified demonstrators arranging flowers for all occasions and learning how to do it yourself. The arrangements are all raffled at the end of the evening.

Day & Time 7.30pm 2nd Monday of every month

At Bowls Club Pavillion at the rear of the Conservative Club in Bedford Road, Sandy.

Contact Marian Attfield

Address 23 Bedford Road, Sandy, SG19 1EW

Telephone Marianne 01767 226275, Betty 01767 224672, Trixie 01767 681999

Email t.m.attfield@ntlworld.com

Web

Sandy Football Club

Description Adult Football (16years and over)

Day & Time Saturdays and Sundays

At Bedford Road Recreation Ground

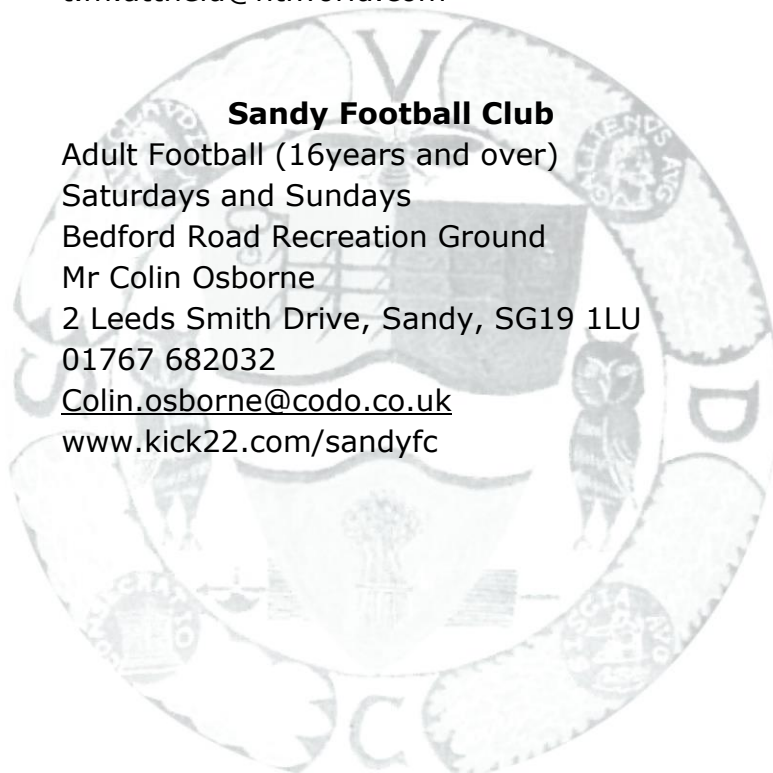
Contact Mr Colin Osborne

Address 2 Leeds Smith Drive, Sandy, SG19 1LU

Telephone 01767 682032

Email Colin.osborne@codocdo.co.uk

Web www.kick22.com/sandyfc



Sandy Good Neighbours

Description Our aim is to provide assistance to Sandy and Beeston residents, particularly the elderly or infirm, who may be housebound or have difficulty getting about or accessing local services.

We offer lifts to medical facilities, shops, hairdressers, assistance with shopping, small household tasks such as fitting light bulbs, help with moving heavy items, dog walking etc. We also offer befriending by visiting and providing companionship to the lonely within our community and assistance with form filling, computer operation etc.

Basically, we do anything that one caring neighbour would do for another.

We also run a Friendship Club on Monday mornings at Stonecroft lounge, 10am-12noon. We chat, do light activities, have a raffle and occasional outings. Costs £2 each per week.

Day & Time Mon – Fri 09.00-18.00

At As required

Contact Chairman Nigel Aldis

Address 7 Mayfield Court, Sandy, SG19 1NF

Telephone 07810 213935 (Group mobile number)

Email Nigel.aldis1@gmail.com

Web

Sandy Good Neighbours Friendship Club

Description Friendship Club

Day & Time Mondays from 10am

At Stonecroft Community Hall, St Swithun's Way, Sandy

Contact Barbara Danks

Address

Telephone 07812 246257

Email dilandbarb@btinternet.com

Web

Sandy Guild

Description A group of local people offering friendship, support and fundraising within Sandy and the local community.

Day & Time Monthly

At

Contact Sam Woodbyrne

Address

Telephone 07985 516691

Email

Web

Sandy Historical Research Group

Description

The group was formed in 2002, in order to preserve as much of Sandy's historical past as possible, for the benefit of the citizens of Sandy and visitors to the town. The group's archive includes more than 3000 photographs, some dating back to the end of the nineteenth/early twentieth century. The group also holds maps, deeds and other relevant documents which help to record the social history of Sandy for a period covering over 200 years. The group's ultimate aim is to acquire suitable premises for a town museum, so that the material and artefacts that have been gathered can be properly displayed for the benefit and education of local people and as an attraction for visitors to the town. In the meantime, the group holds several public exhibitions through the year, either in conjunction with other town events, such as the Sandy Show, or on a 'standalone' basis at locations like the Baptist and Methodist Church Halls (check local press and posters for details).

Membership of the group is £14 per annum and benefits include 2 SHRUB magazines, published twice a year in the Spring and Autumn and free entry to our speaker and standalone events (entry fees may apply for events hosted by other organisers e.g. The Sandy Show).

The group has published two volumes of 'Pictorial Memories of Sandy', copies of which are available online or from any Committee Member (each priced £9.99/£16.98 if both volumes brought together, sent post free to any UK mainland address).

We also sell our publications including SHRUB magazines and postcards at our public events throughout the year.

Day & Time

Speaker events on the history of Sandy and the surrounding area are held at local halls and usually cost £4.00 per visitor (members free). If you join on the night, your entry fee will be refunded.

At

Exhibitions are held at local halls and usually cost £2 per visitor (members free).

Contact

Richard Barlow

Address

Telephone

01767 226392

Email

secretary@shrg.uk

Web

www.shrg.uk

Sandy Historical Society

Description Sandy Historical Society is a small group of people interested in local and general history. The Society is now over 45 years old. We meet monthly from September to April and during the summer arrange an outing also a garden party along with a Christmas party.

Day & Time On last Friday of month at 7.30pm. Sept to April

At Stonecroft Hall, St Swithun's Way, Sandy

Contact Pat Whiteaker

Address 1 Elmtree Road, Sandy, SG19 1DS

Telephone 01767 680171

Email whitsend@virginmedia.com

Web

Sandy Library

Description Sandy Library holds a range of groups across the week.

Tuesdays –
10.30-11.00 Rhymetime
2.00-4.00 Knit & Knatter
2.00 -4.00 Craft Group
4.00-5.00 Junior Makers – Robotics Club

Wednesday –
10.00 – 12.00 Duplo & Colouring
3.00 – 5.00 K'Nex

Thursday –
10.00 – 12.00 Junior Makers Robotic Club & colouring
11.00-12.00 Read and Recommend (every fortnight)
3.00-5.00 Colouring

Friday –
10.00-12.00 Crafty Kids Club & Duplo
10.00-12.00 Robotics Club
3.00-5.00 Lego & K'Nex
10.00-12.00 Knit & Knatter

Saturday –
10.00 – 1.00 Lego

Day & Time See above

At Sandy Library

Contact Sandy Library

Address Market Square, Sandy, SG19 1EH

Telephone 0300 300 8065

Email

Web

Sandy Photography Club

Description Sandy Photography Club is an enthusiastic group of amateur photographers, from beginners to advanced, who enjoy the many aspects of photography.

Working together in a friendly and supportive atmosphere, they hold meetings, discussions, workshops and organise various exhibitions for the local and neighbouring communities.

Members of SPC are a mix of ages, genders and abilities, constantly progressing in creativity and imagination, learning various aspects of photo techniques to express their enjoyment of photography.

Why not come along?..... membership is free!
It's never too late to join Sandy Photography Club.

Day & Time
At

Various events – please check website
Various

Contact
Address

Carlos Santino

Telephone

Email

carlos@sandyphotoclub.uk

Web

www.sandyphotoclub.uk

Facebook

<https://facebook.com/SandyPhotographyClub/>

Sandy Town Bowls Club

Description Flat green lawn bowls. Ladies & men, Juniors (under 18's) must be supervised by an adult. During the winter season, short mat bowls in Sandy Village Hall on Tuesday afternoons 2.4pm. All Welcome.

Day & Time
At

Between April and September
Sandy Town Bowls Club Green, at rear of Sandy Village Hall, Engayne Avenue, Sandy

Contact

Michael Groom

Address

17 Pyms Way, Sandy, SG19 1BX

Telephone

01767 227523

Email

Michael.groom@hotmail.co.uk

Web

www.sandytownbowlingclub.org

Sandy Twinning Association

Description	Sandy Twinning Association has two international links; a twinning with the Normandy town of Malaunay situated just to the north of Rouen and a cooperation with the community of Skarszewy, which is 40 miles due south of Gdansk in Northern Poland in the province of Pomerania. The Malaunay link has been in existence for over 35 years and is increasingly a family-to-family exchange 'though we do encourage the involvement of community groups, such as local choirs and sports teams. Sandy firemen organised a sponsored cycle ride to Malaunay in autumn 2015 and were royally received. In May 2018 we hosted a 40-strong coach party from Normandy town and took them to Bury St Edmunds for the day. The Skarszewy link dates from 1995 and has much more of a utilitarian flavour. We run an annual English summer school in Skarszewy with volunteer sixth form students and there have been various exchanges of pupil groups, clubs and individuals. The Kings Arms Angling Club had its seventh exchange visit with the PKZ club of Skarszewy last September. A civic delegation from the Polish town takes part in the Remembrance Day parade in Sandy every year. Councillors from Sandy and twinning members have visited Skarszewy on the occasion of their Sobotki (carnival) celebrations the past three years. The association also runs social events throughout the year. The current President of the Association is Max Hill.
Day & Time	Occasionally as required.
At	The Conservative Club
Contact	Max Hill and Martin Pettitt
Address	Max Hill, 21 The Green, Beeston, Sandy, SG19 1PE
Telephone	Max Hill, 01767 681469
Email	Max Hill, amaxhill@outlook.com
Web	www.towntwinning.org.uk

Sandy Ukulele Group

Description	Music Group
Day & Time	Every Friday 7pm-9pm
At	Sandy Baptist Chapel Hall, Bedford Road, Sandy
Contact	
Address	
Telephone	
Email	Sandyukulelegroup1@gmail.com
Web	www.sandyukulelegroup.com

Sandy Women's Institute

Description
Day & Time 1st Wednesday of the month at 7.30pm and 3rd Tuesday of the month at 10am
At Conservative Club, Bedford Road, Sandy
Contact Tara-Lee Platt
Address
Telephone 07944 418245
Email sandywibeds@gmail.com
Web www.facebook.com/SandyWI

Saturday King's Cafe (Baptist Church)

Description Open group for anyone to call in for refreshments at reasonable prices. Activities, craft, games and chat for all the family
Day & Time Opens for seasonal events (check website) 2.30-4.30pm
At Sandy Baptist Church Hall
Contact Tom & Edwige Turner
Address
Telephone 01767 226847
Email deacons@sandybaptistchurch.org
Web www.sandybaptistchurch.org

Sing and Sign

Description 'Sing and Sign' combines a music group with the chance to learn some useful signs that will encourage early communication with your child. It is aimed at children from 6 weeks to 18 months, ie pre-speech and as speech is developing. Studies have shown that use of baby signing can lessen frustration in babies and toddlers, develop the language centres of the brain and stimulate learning and understanding in general.
Day & Time Friday mornings
At St Swithun's Church Rooms
Contact Julie Warriner
Address
Telephone 01767 691488
Email enquiries@beds-singandsign.com
Web www.singandsign.com

St Swithun's Singers

Description A very friendly mixed-voice singing group. No auditions! Choir performs two main concerts a year in St Swithun's Church, but main purpose is for people to enjoy singing for the sheer pleasure of making music together.

Day & Time Monday evenings 19.30-21.00

At St Swithun's Church Rooms, in the churchyard by path leading to Church. Car parking on road or in large car park opposite the Church.

Contact Elizabeth Gammell (Musical Director)

Address

Telephone 07976 696617

Email elizabethgammell@hotmail.com

Web

Talk of the Town

Description Community Transport Bus serving Community Groups in Sandy and Bedfordshire. The bus can be hired for one off journeys to attend social events, competitions, day trips, shopping trips, etc. The bus is fully accessible to disabled passengers and can carry up to 3 passengers in wheelchairs and up to 16 passengers if no wheelchairs. The bus can be hired for use by community groups and clubs, care homes, schools, etc., or any not-for-profit organisation. The bus can be hired as self drive or driver provided, if available. Please use contact details below to hire the bus or to volunteer to help organise, or drive, the bus.

Day & Time The bus is available any day of the week

At The bus is kept at Sandy Conservative Club

Contact Chair – Mr Ray Morrissey

Address 168b St Neots Road, Sandy, SG19 1BS

Telephone 07710 295267

Email Rayandjulie168b@btinternet.com

Web

Tiny Tots Dance

Description Pre-School Dance Classes
Day & Time Friday at Sandy Conservative Club
9.30-10.30am Tiny Tots (suitable for 1-2.5 years)
10.30-11.30am Tiny Tutu (suitable for ages 2.5 years +)
11.45-12.30pm Prima Award Class (suitable for ages 3 years+)

Wednesday at Sandy Methodist Church
5.30 – 6.15pm Prima Stars (suitable for ages 4-6 years)

Saturday at Sandye Place Academy
9.00 – 10.00am Tiny Tots (suitable for 1-2.5 years)
10.00 – 11.00am Tiny Tutu (suitable for ages 2.5years +)

At See above
Contact Amy Hutchison
Address
Telephone 07817 373320
Email hello@tinytotsdance.co.uk
Web www.tinytotsdance.co.uk

Vision Theatre Arts

Description Perform with the professionals on a Saturday afternoon. Vision offers an hour of singing, dancing and acting and is offered to children from the ages of 4 -18.

Day & Time Saturday afternoons 2-5pm
At Sandye Place Academy, Sandy
Contact Emily Thornton
Address
Telephone 07814 571460
Email em.thornton@hotmail.co.uk
Web

Yoga, Beginners and Intermediate

Description We are a small friendly group who welcomes newcomers. A class includes physical exercises (Hatha Yoga) breathing methods (Pranayama), meditations (Raja Yoga).

Day & Time Wednesdays 7.30-9pm
At
Contact Johanna Singh
Address
Telephone 01767 680926
Email johanna.e.singh@googlemail.com
Web

